

Registration Form for 10-32-52-75 Mile

Name: _____

Address: _____

City/State/Zip: _____

Phone #: _____

E-mail address: _____

Age on Oct. 4, 2009: _____

Registration Fee

\$25 by October 3rd \$30 day of the ride
 10 mile 32 mile 52 mile 75 mile

T-Shirt: Adult S M L XL XXL
or Youth Medium Large

Socks (DeFeet): S M L XL

Mail with check and completed information to:
Brett's Ride for Rhabdo
P.O. Box 5314, Hickory, NC 28603
Or

Turn in your completed form and payment to:
Rock N Road Bicycles
2435 North Center Street, Hickory, NC 28601
828-324-9350

Or
Register online at www.active.com

Or
Hickory Foundation YMCA
Sunday, October 4th at 7:30am

HELMETS REQUIRED

WAIVER OF LIABILITY: I fully assume and understand the risks of participating in an open course ride including death or injury due to vehicles, falls, collisions with other participants or spectators, actions by hostile humans or animals, uneven pavement, obstructions, adverse weather, sudden illness, and all other risks. I attest that I am physically fit to participate. I authorize ride officials to provide medical attention at my expense should I appear in need. For injuries I sustain, including death, I agree to save and hold harmless the YMCA of Catawba Valley, Hickory Velo Club, City of Hickory, local government, law enforcement personnel, volunteers, event staff, suppliers, contractors and anyone else connected with the organization of this event, from any claim or lawsuit that may be brought at any time by me, my family, estate, heirs or assigns, arising from my participation in this event or the instruction I received. (Helmets Required)

WAIVER OF PUBLICITY: I agree that images taken of me during this event may be used in any legal manner without payment to me. I have read and understand the terms of this document. I make this agreement and pay my entry fee in exchange for the privilege of participating under the conditions of the event.

Signature: _____

Signature of parent/guardian
if under 18: _____

Registration Form for Brett's Tot Ride

Name: _____

Address: _____

City/State/Zip: _____

Phone #: _____

E-mail address: _____

Age on Oct. 4, 2009: _____

Registration Fee

\$10.00 (Tot Ride)

T-Shirt: 2T 4T 6/8 10/12

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Hickory, NC 28603
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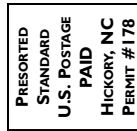
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Sunday, October 4th at 7:30am

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Signature of parent/guardian:



Brett's Ride for Rhabdo
P.O. Box 5314
Hickory, NC 28603

6th Annual Brett's Ride for Rhabdo



Oct 4th, 2009
10-32-52-75 Mile
Hickory, NC

Hosted by the Hickory
Foundation YMCA

Accept the Challenge!

All proceeds benefit research and awareness for all types of childhood cancer, including rhabdomyosarcoma (rhabdo), a childhood cancer of the muscle that affects less than 300 children every year.

NEW RIDE OPTIONS THIS YEAR:
52 mile replaces 65 mile - a demanding route for those wanting a long ride.
75 mile BRETT'S CHALLENGE - a ride with increased difficulty and length appealing to the most experienced cyclists.

Ride For Pediatric Cancer Research!

6th Annual Brett's Ride

Location of Start and Finish

Hickory Foundation YMCA
701 First Street NW
Hickory, NC

For Directions

www.ymcatavbavalley.org
828-324-2858

For Ride & Route Information

www.hickoryveloclub.com

To Register

By mail - use form on back
Online - www.active.com

In person - at Rock N Road Bicycles
or Sunday, Oct. 4th at YMCA
at 7:30am

Packet Pick-up

Rock N Road Bicycles

Friday, October 2nd, from 1pm - 7pm
Saturday, October 3rd, from 10am - 5pm
or

Hickory Foundation YMCA
Sunday, October 4th, at 7:30am

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If you would like to make a tax-deductible
donation, please send check to:

Brett's Ride for Rhabdo
P.O. Box 5314
Hickory, NC 28603



Brett's Ride Preparation and Safety

Brett's Ride's goal is for all participants to have a fun, safe and enjoyable day. All participants should follow some basic guidelines and prepare adequately to assist in achieving this goal.

Parents and Guardians,

Please make sure the younger participants are aware of these guidelines and understand how they can help make Brett's Ride a day they will really enjoy.

- Bicycle mechanical and safety check (at least 3 days before the event):
 - Check tires for adequate tread and inflate to recommended pressure.
 - Test ride the bicycle for proper fit, seat height, check brakes, shifting and handling.
 - Tighten any loose nuts and bolts.
 - Make sure chain is lubed and in good working order.
- Make sure your helmet is in good shape and fits properly.
- Dress according to the weather conditions; overdressing can cause overheating.
- Make use of the support vehicles and ride marshals for assistance.
- Always obey traffic laws.
- **Follow the Basic safety Rules on the Road:**
 - **Stay on the right hand side of the road at all times.**
 - **Do NOT cross the center line or ride on sidewalks.**
 - **Hold a straight line, with no sudden changes in speed or direction.**
 - **Pass other riders on the left and only when safe to do so.**
 - **Be aware of riders all around you and maintain a safe distance between you and others.**
 - **Ride under control at all times.**
- STOP to enjoy the rest stops along the routes.
- Please keep our city clean – don't discard trash during the ride.

HAVE FUN!

Brett's Ride

10-32-52-75 Mile
Ride for Pediatric
Cancer Research

Sunday, October 4th, 2009

Start Time - 9:00am

Entry Fee
of \$25.00 includes:

- * T-Shirt
- * Pair of DeFeet socks
(to first 1000 registrants)

Brett's Tot Ride

Entry fee: \$10.00

Includes Short-Sleeve T-shirt

Floating Time:

10:00am - 12:00pm

Location of Start and Finish

YMCA Half-Mile Track located behind the
Hickory Foundation YMCA

Take your child on a ride around the
track in a stroller, wagon, tricycle or
bicycle with training wheels
(helmets required).

All those registered for the Tot Ride
will be eligible to win a kid's bike.
Kid's bike includes a kid's helmet.



2009 Sponsors

(So far...)

Platinum

Brett's Friends, Brittainy & Madison
in Honor of their Friendship and Love for Brett

Gold

The David Baker Family
Gastroenterology Associates-Frank Wright, MD
The George Foundation
Piedmont Pathology Associates, Inc.
Rock N Road Bicycles

Silver

Atriax Group • Dr. Chris Brown/Dr. Bryan Neuwirth
Catawba Pediatrics Associates • Cheerwine of Hickory
CommunityOne Bank, NA • Corning Cable Systems
Marty & Joab Cotton • Drs. Darab & Richardson, PA
Davidson, Holland, Whitesell & Co., PLLC • Cathi and Dan Dillon
Frye Regional Medical Center / Catawba Valley Medical Center
Mr. And Mrs. Forest Gaines • Greater Hickory Golf Classic
Joe Greene Design • Hamilton & Herring Orthodontics
Hickory Velo Club • Lynn & Eagle Howe
Ice Cream Engineers of America • Market on Main
Merrill Lynch-Whitney & Charlie King
Mountain Emergency Physicians • Pepsi-Cola Bottling Co.
Piedmont Endocrinology, PA • Providence House Furniture
Ramsey Finishing • Reed & Fisher Dermatology
Mr. Hunt Shuford • Angela & Rob Simmons
Thomas-Bain Leather, Inc. • Unifour Anesthesia Associates, PA
Vesco Toyota Lift

Bronze

Allegra Printing & Imaging
The Amanda Bailey & Barrett Cauble 21st Birthday Bash
The Best of Beers, LLC • The Family of CJ Barnes
Alice Bishopric, MD • Brainworks Learning Center
Capitol Concepts Financial Group-Charlie Rogers
Carolina Orthopaedic Specialists • Catawba Radiological Associates, Inc.
Carolina Swatching • Claremont Family Medicine, PA
Elks Lodge of Hickory • Ella & Maymes • Family Care Center, PA
The Family of Jalen Gwaltney • Harlee Packaging Components
Hen & Chicken Papers, Sally Brown & Sarah Ham
The Hickory Surgical Clinic, Inc. • Michael M. Hirsch, MD, PLLC
J&L Motors of Hickory, Inc. • Jackson Group Interactive
S. Kimberly Jones, DDS • McGill & Associates
The Greg and Sonya Kiziah Family • Madaris Transportation, LLC
Dr. and Mrs. Ralph Maynard • Lisa Meares • Our House Designs, Inc.
Peoples Bank • Piedmont Nephrology & Hypertension Associates, PA
Sample House, Inc. • Sigmon, Clark, Mackie, Hutton, Farrell, PA
Shane Greene Photography • Revaughn & George Snow
SW Associates, Inc • Taylor & Viola • Terry & Doug Taylor
Texas Roadhouse • United Beverages of NC, LLC • Valdese Weavers
Viewmont Urology & Infertility Clinic • Von Drehle Corporation
The Wessels Family • Windy Cty Grill • Wykes Cleaners

For Sponsorship Information,
please go to our website:
www.hickoryveloclub.com